# BOWLS SCOTLAND CLUB SUPPORT GUIDE

An overview of support and services available to clubs in Scotland



**TEAMWORK. INCLUSION. INTEGRITY. CLARITY. AMBITION.** 

Welcome to Bowls Scotland Club Support Guide

Bowls Scotland want to develop modern clubs that are welcoming, inclusive, sustainable and at the heart of their local communities.

#### This includes:

- Working in partnership with clubs to ensure quality, inclusive and positive environments and experiences exist for those taking part as well as the wider community
- Providing focussed support to clubs with the ambition to grow and retain membership
- Providing accessible world leading learning and development opportunities for coaches and volunteers
- Increasing the number of women and girls playing, coaching, and volunteering in Bowls

Whilst adhering to and protecting the strong tradition of our wonderful game, we want to challenge the perceptions and stereotypes through modernising our competitions and practices to welcome more people to play a sport that everyone can take part in.

This guide outlines the services and support available to clubs and is split into the following sections:



Club Development
Support and Resources



Support and Resources for Coaches and Volunteers



Development Team Contacts



## Club Development Support and Resources

#### National Development Officer (NDO)

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The NDOs work in partnership with clubs to develop quality environments that provide increased opportunities for people to participate at all levels.

They offer clubs a variety of solutions to grow their membership, capacity, and

activities, based on previous experience along with new

opportunities available, through internal and external

initiatives.







NORTH
ALAN McDONALD



EAST STUART BELL

## Club Development Support and Resources

#### Disability Development Officer (DDO)



Stuart works in partnership with clubs, volunteers, staff and external organisations to ensure quality and accessible provision exists within bowling environments to enable increased opportunities for participation and the reduction of barriers, whether real or perceived, that exist for players with a disability in the bowling community.

Stuarts work covers all areas of Scotland.



**STUART CHESBY** 

#### Club Development Support and Resources

#### Try Bowls Activator (TBA)



In 2023 we introduced additional, localised support to clubs through our TBA Programme, specifically designed to support the delivery of Try Bowls across Scotland. With support and guidance from Bowls Scotland's NDOs, the TBAs work with Try Bowls Clubs to increase community to club transition, retention and ultimately increase the number of Bowls Scotland members. Our ambition is to have 24 TBAs by 2027 with scope to increase this if the programme is successful.

ANGUS IAN WATSON NORTH AYRSHIRE
BOB McCHRISTIE

FIFE IAN SYMONDS

STIRLING MARTYN SCOTT

DUNDEE CITY ALEX DONALD

EAST RENFREWSHIRE CLARK GOURLAY

SOUTH LANARKSHIRE HUGH MCGREGOR

CLACKMANNANSHIRE JAMES LINDSAY

Find out more about TBAs and their contact details, here: <a href="https://www.bowlsscotland.com/club-development/try-bowls-activators">https://www.bowlsscotland.com/club-development/try-bowls-activators</a>





Try Bowls is our free membership recruitment campaign. Try Bowls Clubs provide non obligatory chances for the local community to try bowls, through open days, targeted recruitment events or drop in sessions.

#### How do clubs sign up?

To register your club as a Try Bowls Club, click on the purple "Try Bowls Registration" button in the top right corner of our website and enter the clubs details.

Alternatively, clubs can email trybowls@bowlsscotland.com providing their club name and main contact's email and phone number.

#### For more information visit:

https://www.bowlsscotland.com/club-development/try-bowls

#### Bowls Mark



BowlsMark is Bowls Scotlands Club
Accreditation scheme that aims to
provide a nationally recognised standard
that enables clubs to; develop safe,
effective and welcoming environments,
develop good practice, improve
participants experiences and encourage
lifelong participation through lifelong
development pathways.

#### How do clubs sign up?

The BowlsMark accreditation process is straightforward with guidance and support resources available from Bowls Scotland's National Development Officers.

To sign up to the BowlsMark journey, clubs can email: bowlsmark@bowlsscotland.com or get in touch with their NDO.

#### For more information visit:

https://www.bowlsscotland.com/club-development/bowlsmark



#### Disability



Bowls Scotland continues to work in partnership with Scottish Disability Sport (SDS) to support and encourage clubs to work inclusively with players with a disability through appropriate education, development, and local disability sport structures. There are various opportunities for people to access recreational bowling or access the high-performance para pathway

Working in partnership with SDS, Bowls Scotland has the following offerings for clubs to help create an inclusive and accessible club environment:

#### Inclusive Club Resource ©



An e-Learning Module developed by Scottish Disability Sport, aimed at mainstream clubs and activity providers to further their knowledge of creating an inclusive club culture for participants with disabilities. Bowling clubs can access this for FREE via Bowls Scotland's Brightspace platform.

More information coming soon, keep an eye on our social media channels and website.

#### Competition Guide



To continue our ongoing commitment to strengthening our club, volunteer, coaching and competition infrastructure, in 2023 we introduced a combined Bowls Scotland and Scottish Disability Sport Calendar of Events.

A wide range of courses and competitions are now available via the Calendar of Events: <a href="https://www.bowlsscotland.com/competitions/calendar-of-events">https://www.bowlsscotland.com/competitions/calendar-of-events</a>

#### Intro to para bowls coaching award



This 3-hour qualification is aimed at allowing coaches to experience and understand coaching all bowlers with a disability.

More information can be found online in the Annual Calendar: <a href="https://www.bowlsscotland.com/club-development/annual-calendar">https://www.bowlsscotland.com/club-development/annual-calendar</a>

(I hour pre-course work online + 3 hours practical training)

#### Partners Pack



Bowls Scotland are proud to be working in collaboration with our partners. Castle Water, Change Waste Recycling and Gallaghers all offer potential financial savings to our member clubs.

Find out about the benefits our partners offer to bowling clubs and their members

in our Partners Pack:

https://www.bowlsscotland.com/about-us/partners

#### SAMH Charter



We are proud to say we have signed up to Scotland's Mental Health Charter for Physical Activity and Sport.

The charter aims to empower physical activity and sport communities to improve equality and reduce discrimination, ensuring mental health and wellbeing is not a barrier to engaging, participating and achieving in physical activity and sport.

Clubs can also sign up to the charter, to help create positive change:

https://www.samh.org.uk/get-involved/physical-activity-and-sport/our-projects/mental-health-charter/sign-up-to-the-charter-community-level

#### Sporting Memories



Local sports facilities across Scotland host sessions for older adults to come together socially, over a cuppa, to reminisce and talk about sport. The aim is to support those in the community who are lonely or isolated and who would benefit from the company of like-minded individuals, or those who simply enjoy talking about sport.

Our ambition is to support 32 bowling clubs to become sporting memories hubs in 32 LA areas by 2027.

For more information visit <a href="https://www.sportingmemories.uk">https://www.sportingmemories.uk</a>/ or speak to your NDO.

#### Club Development Workshops



Our NDOs deliver the following workshops throughout the year, either as part of the BowlsMark journey or as standalone workshops for groups of clubs:

#### Governance



This workshop aims to support clubs to improve governance and encourage communication through providing templates and examples of good practice

#### Club Development Planning



This workshop aims to support clubs to set goals and plan for long-term sustainability; understanding strengths and weaknesses and external opportunities; benchmark and understand membership trends; understand gaps in provision and explore opportunities for development.

#### Basic Financial Planning 😭 🛭



This workshop examines where the club money comes from, where the club spends it, whilst looking at how the future may impact on both Income and Expenditure and how the club plans to met these changes.

#### School - Club Links



Support from your National Development Officer regarding engaging with the local authority to establish links with schools with a long term aim to get more younger people engaged in the sport

For more information on workshops, contact your NDO or visit our Annual Calendar:

https://www.bowlsscotland.com/club-development/annual-calendar

#### Funding for Clubs



Bowls Scotland can help clubs identify potential successful avenues for funding and provide top tips for making successful grant applications

for more information please visit: <a href="https://www.bowlsscotland.com/club-">https://www.bowlsscotland.com/club-</a> development/funding. Or contact your national development officer

#### Wellbeing & Protection



Bowls Scotland is committed to promoting the wellbeing of players to allow them to enjoy a positive experience and to encourage lifetime participation. We are committed to providing continuous support, training and guidance to our volunteers and staff within this area to ensure everyone in our sport is protected. It is a requirement for clubs to appoint a Wellbeing & Protection Officer (WPO). Bowls Scotland has a Child and Wellbeing Protection Policy and Information Pack that contains best practice, guidelines, and sample forms for clubs.

for more information contact your WPO or safeguarding@bowlsscotland.com

#### Marketing Toolkit



A Marketing Toolkit for Clubs has been created including social media tips and example case studies on promoting your club, this is available to all Try Bowls and BowlsMark Clubs. Speak to your NDO who can send you a digital copy of the toolkit.

#### Local Bowls Forums



We support clubs to form partnerships with other local clubs and agencies to offer more to their community. The aim of these forums is to share and adapt good practice, share resources and work collectively.

For more information contact your national development officer



### Support and Resources for Coaches and Volunteers

Bowls Scotland have a variety of support available to coaches and volunteers to develop and progress in their roles at a local level but also nationally and internationally.



**ADAM MARTIN** 

Adam is responsible for providing quality opportunities for coaches, leaders and volunteers to develop and in turn increase the quality, quantity and diversity of the Bowls coaching and volunteering network across Scotland.

To ensure we can support all areas of Scotland, we are always looking for Tutors to join our team. If you are interested in becoming a Tutor, get in touch with Adam.

#### Intro to Para Bowls Coaching Award



This course is designed to provide coaches the knowledge and confidence to deliver safe, fun and effective coaching sessions for those players with a disability. We will focus on how to make simple adaptations to ensure as much inclusion as possible for all players, and provides practical experience of using Disability aids and coaching techniques. Coaches will learn valuable experience on how to coach players with a Visual, physical or learning disability.

(2 Hours pre course and 3 hours practical training)

Find out more about Coach Education here:

#### Coach Education & Development Programme

Bowls Scotland is committed to developing and delivering accessible coaching awards which lead to a knowledgeable, skilled, and highly effective bowls coaching workforce throughout our affiliated clubs.

#### Introduction to Bowls Coaching Award



Play your part in introducing new players of any age to the brilliant game of bowls. Coaches will leave with the knowledge, skills, and confidence to deliver fun and safe sessions to new bowlers of any age.

(2 hours pre-course work online + 2 hours practical training)

#### Level I Bowls Coaching Award



Develop and improve existing players within your club. Coaches will leave with the knowledge, skills and confidence to deliver fun, safe and progressive sessions to develop club players using skills-based practices to produce a more consistent line and length. Coaches will also design and deliver practices to improve the decision-making abilities of players.

(2 hours pre-course work online + 8 hours practical training)

#### Level 2 Bowls Coaching Award



This course allows experienced coaches to develop their coaching abilities across a range of areas. Coaches will examine technical and tactical aspects of team and individual play and will learn how to profile bowlers and develop action plans to help improve their player's game. The course will explore – profiling, bowler assessments, nutrition, fitness, tactical approaches, planning linked sessions, coaching teams, and coaching through games.

(I day, practical training and project work)

#### Bespoke Coach Education



While we make every effort to ensure every part of Scotland is covered, clubs can contact us to host or request a specific course.

Please use the Note of Interest form which can be found here: <a href="https://forms.office.com/e/xNsC5qwv3p">https://forms.office.com/e/xNsC5qwv3p</a>

#### Club, Coach & Volunteer Development Calendar



As part of our ongoing commitment to strengthening our club, volunteer and coaching infrastructure, an Annual Calendar is delivered with a wide range of courses, workshops and forums available to book via our Online Club and Membership System. Providing opportunities for coaches, club staff and volunteers to learn and develop in their roles.

For more information visit:

https://www.bowlsscotland.com/club-development/annual-calendar

#### Player Development Framework



The Player Development Framework is a free coaching resource available to all Bowls Scotland affiliated clubs. This is a digital tool to help provide your players with a process driven approach to developing their skills by testing themselves against benchmarked scores.

For more information, please visit:

https://www.bowlsscotland.com/club-development/player-development-framework

#### National Volunteer Awards



Our National Volunteer Awards recognise the dedication of volunteers in bowling clubs across Scotland. Nominations are open year-round via an online form.

To view previous winners and to nominate, please visit:

https://www.bowlsscotland.com/club-development/volunteering

#### Child Wellbeing & Protection Officer Training (CWPO)



This 3-hour workshop supports clubs to put child protection policies into practice. It is most suitable for those acting as the Club WPO but is also relevant for those responsible for managing or organising the club. Those attending this workshop must have attended the Child Wellbeing and Protection in Sport workshop.

For more information contact: safeguarding@bowlsscotland.com

Courses are free of charge and are valid for 3 years

#### Child Wellbeing & Protection in Sport (CWPS)



This 3-hour workshop is suitable for coaches and volunteers who may encounter children. The workshop explores the code of conduct for those in contact with children and provides basic information on recognising child abuse and responding to concerns. It is recommended that all volunteers and coaches attend.

For more information, please visit: <a href="https://www.bowlsscotland.com/safeguarding">https://www.bowlsscotland.com/safeguarding</a>

#### **Education Subsidy Fund**



In collaboration with our partners sportscotland, we have created the first ever Bowls Coach Education Subsidy Fund to allow the opportunity for clubs and coaches to access funding to provide free place on our Education Workshops and Courses. To see if you our your club is eligible, please visit

https://www.bowlsscotland.com/news/coach-education-subsidy



### Development Team Contacts



Stuart Bell
National Development Officer
East
stuartbell@bowlsscotland.com
07525 134 385



Alan McDonald
National Development Officer
North
alanmcdonald@bowlsscotland.com
07821 118 774



Holly Hamilton
National Development Officer
West
hollyhamilton@bowlsscotland.com
07715 025 736



Adam Martin
Coach & Volunteer Manager
adammartin@bowlsscotland.com
07591 825 874

For Try Bowls Activator contacts please visit: https://www.bowlsscotland.com/club-development/try-bowls-activators



Stuart Chesby
Disability Development Officer
stuartchesby@bowlsscotland.com
07907 867 026

\*Stuart's working days are Monday, Wednesday and Friday\*



Find out more about the Bowls Scotland team here: https://www.bowlsscotland.com/about-us/meet-the-staff

