# BOWLS SCOTLAND CLUB SUPPORT GUIDE

An overview of support and services available to clubs in Scotland

**COLLABORATION. INCLUSIVITY. INTEGRITY. CLARITY.** 



# Welcome to Bowls Scotland Club Support Guide

Bowls Scotland want to develop modern clubs that are welcoming, inclusive, sustainable and at the heart of their local communities.

## This includes:

• Working in partnership with clubs to ensure quality, inclusive and positive environments and experiences exist for those taking part as well as the wider community

- Providing focussed support to clubs with the ambition to grow and retain membership
- Providing accessible world leading learning and development opportunities for coaches and volunteers
- Increasing the number of women and girls playing, coaching, and volunteering in Bowls

Whilst adhering to and protecting the strong tradition of our wonderful game, we want to challenge the perceptions and stereotypes through modernising our competitions and practices to welcome more people to play a sport that everyone can take part in.

This guide outlines the services and support available to clubs and is split into the following sections:







Club Development Support and Resources

Support and Resources for Coaches and Volunteers

Development Team Contacts



# Club Development Support and Resources

# National Development Officer (NDO)

The NDOs work in partnership with clubs to develop quality environments that provide increased opportunities for people to participate at all levels. They offer clubs a variety of solutions to grow their membership, capacity, and activities, based on previous experience along with new opportunities available, through internal and external initiatives.



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# Club Development Support and Resources

## Try Bowls Activator (TBA)



In 2023 we introduced additional, localised support to clubs through our TBA Programme, specifically designed to support the delivery of Try Bowls across Scotland. With support and guidance from Bowls Scotland's NDOs, the TBAs work with Try Bowls Clubs to increase community to club transition, retention and ultimately increase the number of Bowls Scotland members. Our ambition is to have 24 TBAs by 2027 with scope to increase this if the programme is successful.

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CLACKMANNANSH	IRE NORTH	AYRSHIRE	EAST AYRSH
<b>ROSS BURNS</b>	<b>ALEX DONAI</b>	D CL	ARK GOURLAY
SOUTH AYRSHIRE	DUNDEE CIT	Y EAS	ST RENFREWSHIRE

Find out more about TBAs and their contact details, here: https://www.bowlsscotland.com/club-development/try-bowls-activators

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#### Try Bowls Clubs **ት** ት ት



Try Bowls is our free membership recruitment campaign. Try Bowls Clubs provide non obligatory chances for the local community to try bowls, through open days, targeted recruitment events or drop in sessions.

## How do clubs sign up?

To register your club as a Try Bowls Club, click on the purple "Try Bowls Registration" button in the top right corner of our website and enter the clubs details.

Alternatively, clubs can email trybowls@bowlsscotland.com providing their club name and main contact's email and phone number.

## For more information visit:

https://www.bowlsscotland.com/club-development/try-bowls

#### **Bowls Mark**

**BowlsMark is Bowls Scotlands Club** Accreditation scheme that aims to provide a nationally recognised standard that enables clubs to; develop safe, effective and welcoming environments, develop good practice, improve participants experiences and encourage lifelong participation through lifelong development pathways.

How do clubs sign up? The BowlsMark accreditation process is straightforward with guidance and support resources available from Bowls Scotland's National **Development Officers.** To sign up to the BowlsMark journey, clubs can email: bowlsmark@bowlsscotland.com or get in touch with their NDO.

# For more information visit:





https://www.bowlsscotland.com/club-development/bowlsmark



#### Disability



Bowls Scotland continues to work in partnership with Scottish Disability Sport (SDS) to support and encourage clubs to work inclusively with players with a disability through appropriate education, development, and local disability sport structures. There are various opportunities for people to access recreational bowling or access the high-performance para pathway

Working in partnership with SDS, Bowls Scotland has the following offerings for clubs to help create an inclusive and accessible club environment:

Inclusive Club Resource ତ

An e-Learning Module developed by Scottish Disability Sport, aimed at mainstream clubs and activity providers to further their knowledge of creating an inclusive club culture for participants with disabilities. Bowling clubs can access this for FREE via Bowls Scotland's Brightspace platform.

More information coming soon, keep an eye on our social media channels and website.

Competition Guide



To continue our ongoing commitment to strengthening our club, volunteer, coaching and competition infrastructure, in 2023 we introduced a combined Bowls Scotland and Scottish Disability Sport Calendar of Events.

A wide range of courses and competitions are now available via the Calendar of Events: https://www.bowlsscotland.com/competitions/calendarof-events

#### Intro to para bowls coaching award



This 3-hour qualification is aimed at allowing coaches to experience and understand coaching all bowlers with a disability.

More information can be found online in the Annual Calendar: https://www.bowlsscotland.com/club-development/annual-calendar

(I hour pre-course work online + 3 hours practical training)

#### Partners Pack

Bowls Scotland are proud to be working in collaboration with our partners. Castle Water, Change Waste Recycling and Gallaghers all offer potential financial savings to our member clubs.

Find out about the benefits our partners offer to bowling clubs and their members in our Partners Pack:

https://www.bowlsscotland.com/about-us/partners

#### SAMH Charter

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We are proud to say we have Physical Activity and Sport.

The charter aims to empower physical activity and sport communities to improve equality and reduce discrimination, ensuring mental health and wellbeing is not a barrier to engaging, participating and achieving in physical activity and sport.

Clubs can also sign up to the charter, to help create positive change:

https://www.samh.org.uk/get-involved/physical-activity-and-sport/ourprojects/mental-health-charter/sign-up-to-the-charter-community-level

#### Sporting Memories

Local sports facilities across Scotland host sessions for older adults to come together socially, over a cuppa, to reminisce and talk about sport. The aim is to support those in the community who are lonely or isolated and who would benefit from the company of like-minded individuals, or those who simply

Our ambition is to support 32 hubs in 32 LA areas by 2027.

enjoy talking about sport.

For more information visit https://www.sportingmemories.uk/ or speak to your NDO.

We are proud to say we have signed up to Scotland's Mental Health Charter for



Our ambition is to support 32 bowling clubs to become sporting memories

### Club Development Workshops

Our NDOs deliver the following workshops throughout the year, either as part of the BowlsMark journey or as standalone workshops for groups of clubs:



This workshop aims to support clubs to improve governance and encourage communication through providing templates and examples of good practice

This workshop aims to support clubs to set goals and plan for long-term

sustainability; understanding strengths and weaknesses and external opportunities; benchmark and understand membership trends; understand gaps in provision and explore opportunities for development.

#### Basic Financial Planning 🔂ଣ୍ଡ

Club Development Planning

This workshop examines where the club money comes from, where the club spends it, whilst looking at how the future may impact on both Income and Expenditure and how the club plans to met these changes.

#### School - Club Links

Support from your National Development Officer regarding engaging with the local authority to establish links with schools with a long term aim to get more younger people engaged in the sport

### For more information on workshops, contact your NDO or visit our Annual Calendar: https://www.bowlsscotland.com/club-development/annual-calendar

## Funding for Clubs

Bowls Scotland can help clubs identify potential successful avenues for funding and provide top tips for making successful grant applications

for more information please visit: <u>https://www.bowlsscotland.com/club-</u> development/funding. Or contact your national development officer

### Wellbeing & Protection

Bowls Scotland is committed to promoting the wellbeing of players to allow them to enjoy a positive experience and to encourage lifetime participation. We are committed to providing continuous support, training and guidance to our volunteers and staff within this area to ensure everyone in our sport is protected. It is a requirement for clubs to appoint a Wellbeing & Protection Officer (WPO). Bowls Scotland has a Child and Wellbeing Protection Policy and Information Pack that contains best practice, guidelines, and sample forms for clubs.

for more information contact your WPO or safeguarding@bowlsscotland.com

## Marketing Toolkit

A Marketing Toolkit for Clubs has been created including social media tips and example case studies on promoting your club, this is available to all Try Bowls and BowlsMark Clubs. Speak to your NDO who can send you a digital copy of the toolkit.

## **Local Bowls Forums**

We support clubs to form partnerships with other local clubs and agencies to offer more to their community. The aim of these forums is to share and adapt good practice, share resources and work collectively.

For more information contact your national development officer









# Support and Resources for Coaches and Volunteers

Bowls Scotland have a variety of support available to coaches and volunteers to develop and progress in their roles at a local level but also nationally and internationally.



Adam is responsible for providing quality opportunities for coaches, leaders and volunteers to develop and in turn increase the quality, quantity and diversity of the Bowls coaching and volunteering network across Scotland.

To ensure we can support all areas of Scotland, we are always looking for Tutors to join our team. If you are

interested in becoming a Tutor, get in touch with Adam.

#### Intro to Para Bowls Coaching Award

This course is designed to provide coaches the knowledge and confidence to deliver safe, fun and effective coaching sessions for those players with a disability. We will focus on how to make simple adaptations to ensure as much inclusion as possible for all players, and provides practical experience of using Disability aids and coaching techniques. Coaches will learn valuable experience on how to coach players with a Visual, physical or learning disability.

(2 Hours pre course and 3 hours practical training)

Find out more about Coach Education here:

https://www.bowlsscotland.com/club-development/coaching

#### **Coach Education & Development Programme**

throughout our affiliated clubs.

#### Introduction to Bowls Coaching

Play your part in introducing new players of any age to the brilliant game of bowls. Coaches will leave with the knowledge, skills, and confidence to deliver fun and safe sessions to new bowlers of any age.

(2 hours pre-course work online + 2 hours practical training)

#### Level I Bowls Coaching

Develop and improve existing players within your club. Coaches will leave with the knowledge, skills and confidence to deliver fun, safe and progressive sessions to develop club players using skills-based practices to produce a more consistent line and length. Coaches will also design and deliver practices to improve the decisionmaking abilities of players.

(2 hours pre-course work online + 8 hours practical training)

#### Level 2 Bowls Coaching Award

This course allows experienced coaches to develop their coaching abilities across a range of areas. Coaches will examine technical and tactical aspects of team and individual play and will learn how to profile bowlers and develop action plans to help improve their player's game. The course will explore - profiling, bowler assessments, nutrition, fitness, tactical approaches, planning linked sessions, coaching teams, and coaching through games.

(I day, practical training and project work)

#### Bespoke Coach Education

While we make every effort to ensure every part of Scotland is covered, clubs can contact us to host or request a specific course. Please use the Note of Interest form which can be found here: https://bit.ly/3wzTqq5







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#### Club, Coach & Volunteer Development Calendar

As part of our ongoing commitment to strengthening our club, volunteer and coaching infrastructure, an Annual Calendar is delivered with a wide range of courses, workshops and forums available to book via our Online Club and Membership System. Providing opportunities for coaches, club staff and volunteers to learn and develop in their roles.

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#### For more information visit:

https://www.bowlsscotland.com/club-development/annual-calendar

#### Player Development Framework

The Player Development Framework is a free coaching resource available to all Bowls Scotland affiliated clubs. This is a digital tool to help provide your players with a process driven approach to developing their skills by testing themselves against benchmarked scores.

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#### For more information, please visit:

https://www.bowlsscotland.com/club-development/player-development-framework

#### National Volunteer Awards

Our National Volunteer Awards recognise the dedication of volunteers in bowling clubs across Scotland. Nominations are open year-round via an online form.

To view previous winners and to nominate, please visit:

https://www.bowlsscotland.com/club-development/volunteering

#### Child Wellbeing & Protection Officer Training (CWPO)

This 3-hour workshop supports clubs to put child protection policies into practice. It is most suitable for those acting as the Club WPO but is also relevant for those responsible for managing or organising the club. Those attending this workshop must have attended the Child Wellbeing and Protection in Sport workshop. For more information contact: safeguarding@bowlsscotland.com Courses are free of charge and are valid for 3 years

#### Child Wellbeing & Protection in Sport (CWPS)

and coaches attend.

For more information, please visit: https://www.bowlsscotland.com/safeguarding

#### **Education Subsidy Fund**

In collaboration with our partners sportscotland, we have created the first ever Bowls Coach Education Subsidy Fund to allow the opportunity for clubs and coaches to access funding to provide free place on our Education Workshops and Courses. To see if you our your club is eligible, please visit https://www.bowlsscotland.com/news/coach-education-subsidy



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# **Development Team Contacts**



**Stuart Bell** National Development Officer North stuartbell@bowlsscotland.com 07525 134 385



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#### For Try Bowls Activator contacts please visit:

https://www.bowlsscotland.com/club-development/try-bowls-activators

#### Find out more about the Bowls Scotland team here:

https://www.bowlsscotland.com/about-us/meet-the-staff

Bowls Scotland, National Centre for Bowling, Hunters Avenue, Ayr, KA8 9AL info@bowlsscotland.com | 01292 294 623 | www.bowlsscotland.com







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