



# CLUB, COACH AND VOLUNTEER DEVELOPMENT CALENDAR 2024



# WELCOME

Welcome to Bowls Scotland's Club, Coach and Volunteer Development Calendar 2023.

All our club development, coach and volunteering courses and workshops are bookable via our online club and membership system where you will find a description of the event. To book a place, click on the booking link relevant to your workshop and use the Booking a Course Guide, available on our website:

<https://www.bowlsscotland.com/club-development/online-membership>

The opportunities listed below are not exhaustive, and if you or your club are looking for support in another area, please do not hesitate to get in touch with us and we can look to support as much as possible.

Places are limited for each course, workshop and forum so please book your place as soon as possible to avoid disappointment.



# KEY CONTACTS

For further information on the Coach and Volunteering courses, workshops, and forums or for any other coach and volunteer support, please get in touch;

**Adam Martin**  
**Coach and Volunteer Manager**  
**07591 825 874**  
**[adammartin@bowlsscotland.com](mailto:adammartin@bowlsscotland.com)**

For further information on the Club Development opportunities available or if you require any other club development support, please get in touch with your National Development Officer:

**NDO North: Stuart Bell**  
**07525 134385 [stuartbell@bowlsscotland.com](mailto:stuartbell@bowlsscotland.com)**

**NDO West: Holly Hamilton**  
**07715 025736 [hollyhamilton@bowlsscotland.com](mailto:hollyhamilton@bowlsscotland.com)**

**NDO East: Alan McDonald**  
**07821 118774 [alanmcdonald@bowlsscotland.com](mailto:alanmcdonald@bowlsscotland.com)**





# REQUEST A COURSE

We want our clubs to have as much flexibility and opportunity as possible and we are fully aware of challenges around traveling long distances to Development Courses. Our Annual Calendar has opportunities all over Scotland, but in addition to these opportunities we are now allowing clubs to request their own bespoke development opportunity at their own club to ensure everyone can access our resources.

If any club would like to enquire about running their own course, please check the criteria below;

- **Minimum of 6 participants (Multiple local clubs can link together)**
- **Be able to provide a suitable green/venue for course/workshop**
- **Work with Bowls Scotland to find suitable dates for tutors**

To request a bespoke development opportunity, please **[CLICK HERE](#)**





# COACHING QUALIFICATIONS

Bowls Scotland is committed to developing and delivering accessible education and development opportunities for coaches and club volunteers across Scotland. A benefit of affiliation to Bowls Scotland is 50% discounted coach education courses.

We are providing accessible world leading learning and development opportunities for coaches and volunteers. We are also providing more opportunities for women and girls to play, coach, volunteer, and lead.

Please see below a full list of courses currently available to all clubs in Scotland to access. Due to feedback from clubs, we deliver a lot of our Education courses during the winter months at Indoor clubs so as to avoid outdoor competitions etc, however we are happy to deliver at outdoor clubs should this be part of a request. Coaches do not need to be Indoor Bowls players to access indoor education opportunities.

If you cannot access any of the opportunities below, please look to our Request a Course option above.



# INTRODUCTION TO BOWLS COACHING

Play your part in introducing new players of any age to the brilliant game of bowls. Coaches will leave with the knowledge, skills, and confidence to deliver fun and safe sessions to new bowlers of any age.

Coaches will gain the knowledge & skills to be able to work with brand new bowlers and younger players. The main focus is on coaches leading fun activities with an aim to create a fun, safe & inclusive environment in your sessions.

Structure: 2 Hours Online Learning + 2 Hours on-green training (4 Hours)

Note – All online learning information will be sent out approx. 7 days before the event

Cost: Affiliated Clubs - £30 or Non-Affiliated Clubs - £60





# INTRODUCTION TO BOWLS COACHING

Date	Time	Venue	Booking Link
04/02/2024	12pm-2pm	Ardrossan Indoor BC	<a href="#">Click Here</a>
10/02/2024	12pm-2pm	West Lothian Indoor BC	<a href="#">Click Here</a>
11/02/2024	12pm-2pm	Whiteinch Indoor BC	<a href="#">Click Here</a>
18/02/2024	1pm-3pm	Arbroath Indoor BC	<a href="#">Click Here</a>
03/03/2024	12pm-2pm	Elgin & District IBC	<a href="#">Click Here</a>
21/04/2024	12pm-2pm	Hopeman BC	<a href="#">Click Here</a>
28/04/2024	12pm-2pm	Craigentanny BC	<a href="#">Click Here</a>
11/05/2024	12pm-2pm	Kinburn BC	<a href="#">Click Here</a>
12/05/2024	12pm-2pm	Bellsburn BC	<a href="#">Click Here</a>
19/05/2024	12pm-2pm	Riverside BC	<a href="#">Click Here</a>



# INTRODUCTION TO COACHING PARA BOWLS AWARD

The Introduction to Coaching Para Bowls award is our newest Coaching Qualification and is aimed at allowing coaches to experience and understand coaching bowlers with a disability. Para Bowls is the fast-growing area of Bowls in Scotland and with fantastic results on the world stage in recent years, we hope to encourage more clubs to encourage Para Bowlers to develop their skills as much as possible.

The course will provide an introduction to Visually Impaired Bowls as well as Physically Disabled bowlers. Coaches will get the opportunity to try out some specific Para Bowls equipment, as well as gather hints and tips to make their coaching sessions more inclusive and open to all players with a disability. This course has been designed in partnership with Scottish Disability Sport and will provide coaches with the confidence and knowledge to ensure their club is as inclusive as possible.

Structure: 2 Hours online pre-course learning & 3 Hours on-green training (5 Hours)

Note – All online learning information will be sent out approximately 7 days before the event.

Cost: Affiliated Clubs - £30 or Non-Affiliated Clubs – £60

If you are unable to make any of the courses below and wish to request an additional course delivered at your bowling club, please contact us.

Date	Time	Venue	Booking Link
18/02/2024	10am - 1pm	East Kilbride IBC	<a href="#">Click Here</a>
25/02/2024	12pm-3pm	Dewars Centre, Perth	<a href="#">Click Here</a>
10/03/2024	12pm-3pm	Bainfield IBC	<a href="#">Click Here</a>
05/05/2024	12pm-2pm	Balgay BC	<a href="#">Click Here</a>





# INTRODUCTION TO VISUALLY IMPAIRED DIRECTOR TRAINING

Visually Impaired players are permitted the use of a Director (or guide) to assist them on the green during practice and competition. To increase the number of high quality Directors involved in our competition and our National Squads, we are leading a FREE bespoke Training session to learn how to take up these vitally important roles.

There will also be a Talent ID session for all Visually Impaired bowlers to attend, which will allow people attending the training session to get hands on experience with players in a competitive environment.

Date	Time	Location	Booking Link
10/02/24	10AM-12PM	Stirling Indoor	<a href="#"><u>Click Here</u></a>



# MENTAL HEALTH AWARENESS FOR COACHES

This 90-minute session will be delivered by professionals from SAMH and will allow you to explore skills and resources to build confidence in having a mental health conversation with one of your players as their coach.

The session will explore what having a mental health conversation might look like between a coach and a player and the steps to take when having/considering a mental health conversation.

The main aims of the session are

- Identify and understand ways to help you have a Mental Health Conversation with your players
- Build knowledge of a potential structure for having a mental health
- Develop an understanding of role and responsibilities of the coach and how to manage expectations.
- Explore support for yourself and other coaches, including effective self-care building and external support services available.

Date	Time	Location	Booking Link
30/01/24	6.30pm-8.30pm	Online	<a href="#"><u>Click Here</u></a>
18/03/24	6.30pm - 8.30pm	Online	<a href="#"><u>Click Here</u></a>
08/04/24	6.30pm - 8.30pm	Online	<a href="#"><u>Click Here</u></a>





# LEVEL I BOWLS COACHING AWARD

Develop and improve existing players within your club. Coaches will leave with the knowledge, skills and confidence to deliver fun, safe and progressive sessions to develop club players using skills-based practices to produce a more consistent line and length. Coaches will also design and deliver practices to improve the decision-making abilities of players. Coaches will leave with the confidence & knowledge to deliver fun and safe progressive coaching sessions to wide variety of playing abilities. Using a wide selection of skill based practices coaches will be working to help players progress in their development and in turn produce a more consistent line & length.

Structure: 2 Hours online pre-course learning & 8 Hours on-green training (10 Hours)

Note – All online learning information will be sent out approx. 7 days before the event

Cost: Affiliated Clubs - £60 or Non-Affiliated Clubs – £120

If you are unable to make any of the courses below and wish to request an additional course delivered at your bowling club, please contact us.



# LEVEL 1 BOWLS COACHING AWARD

Date	Time	Venue	Booking Link
28/01/2024	10am-6pm	Glasgow Indoor BC	<a href="#">Click Here</a>
11/02/2024	10am-6pm	Dewars Centre, Perth	<a href="#">Click Here</a>
25/02/2024	9am-5pm	Auchinleck Indoor BC	<a href="#">Click Here</a>
03/03/2024	10am-6pm	West Lothian Indoor BC	<a href="#">Click Here</a>
17/03/2024	9am-5pm	Arbroath Indoor BC	<a href="#">Click Here</a>
24/03/2024	10am-6pm	East Fife Indoor BC	<a href="#">Click Here</a>
04/02/2024	10am-6pm	East Lothian Indoor BC	<a href="#">Click Here</a>
19/05/2024	10am-6pm	Whitehouse & Grange BC	<a href="#">Click Here</a>





# CHILD WELLBEING PROTECTION IN SPORT (CWPS) TRAINING

Please note, these courses will close two weeks before to allow time for attendees to be registered and pre-course reading to be completed. Online learning will sent out after this closing date

Date	Time	Venue	Booking Link
23/01/24	6pm-9pm	Online	<a href="#">Click Here</a>
27/03/23	6pm-9pm	Online	<a href="#">Click Here</a>
23/05/2024	6pm-9pm	Online	<a href="#">Click Here</a>
27/08/24	6pm-9pm	Online	<a href="#">Click Here</a>
23/10/24	6pm-9pm	Online	<a href="#">Click Here</a>



# SAFEGUARDING COURSES (CWPO)

It is mandatory for Clubs with Under 18 players to have a trained Wellbeing & Protection Officer (WPOs) in place. There are two courses required for WPOs with information on each workshop available in the booking link.

If your club requires support with PVG applications, please email [safeguarding@bowlsscotland.com](mailto:safeguarding@bowlsscotland.com)

It is recommended that anyone coaching or working with children also attend CWPS training once every 3 years to ensure the children your working with are as safe as possible.

Date	Time	Venue	Booking Link
20/02/2024	6pm-9pm	Online	<a href="#">Click Here</a>
24/04/2024	6pm-9pm	Online	<a href="#">Click Here</a>
27/06/2024	6pm-9pm	Online	<a href="#">Click Here</a>
24/09/2024	6pm-9pm	Online	<a href="#">Click Here</a>
26/11/2024	6pm-9pm	Online	<a href="#">Click Here</a>





# EMBRACING EQUALITY IN SPORT

This session, led by Heather Williams from Scottish Women's Budget Group, will provide an opportunity to consider the role that sport has in addressing inequality in Scotland and the benefits of promoting inclusivity to your club. We will look at the legal framework clubs operate in and the responsibilities this places on them, as well as exploring the actions that you can take to promote inclusivity.

By the end of the session, participants will:

- Understand the rights and responsibilities we have in relation to equalities legislation.
- Be able to identify interventions they can use to promote inclusivity and the benefits of doing so.

Date	Time	Venue	Booking Link
22/02/2024	6:30pm-8:30pm	Online	<a href="#"><u>Click Here</u></a>
19/03/2024	6:30pm-8:30pm	Online	<a href="#"><u>Click Here</u></a>
10/04/2024	6:30pm-8:30pm	Online	<a href="#"><u>Click Here</u></a>



# CLUBS CONTINUE TO BE AT THE HEART OF EVERYTHING WE DO...

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Please get in touch with the Development Team, they are always happy to help.