

#### **CODE OF CONDUCT - COACH**

# A responsible coach helps the development of individuals through improving their performance. This is achieved by:

- I. Identifying and meeting the needs of individuals
- 2. Improving performance through a progressive programme of safe, guided practice measured performance and/or competition
- 3. Creating an environment in which individuals are motivated to maintain participation and improve performance

## Coaches should comply with the principles of good ethical practice listed below.

#### A coach must at all times:

- 1. Hold relevant safeguarding training and a valid PVG if applicable to their role
- 2. Consider the wellbeing and safety of the player before the development of performance.
- 3. Develop an appropriate working relationship with players, based on mutual trust and respect that empower and includes, players, both junior and senior in the decision making process.
- 4. Promote respect for the ability of opponents as well as for volunteers, officials and fellow coaches
- 5. Always promote the positive aspects of the sport (e.g. fair play) and never condone rule violations or the use of prohibited substances
- 6. Make sure all activities are appropriate to the age, ability and experience of those taking part
- 7. Recognise the developmental needs and capacity of each player and avoid excessive training and competition, pushing them against their will and putting undue pressure on them
- 8. Respect the rights, dignity and worth of every person and treat everyone equally within the context of their sport
- 9. Encourage players to value the performance and not just results
- 10. Encourage and guide players to accept responsibility for their own behaviour and performance by giving enthusiastic and constructive feedback.
- II. Clarify, at the outset, with players (and where appropriate with their parents) exactly what is expected of them and what players are entitled to expect from their coach
- 12. Consistently display high standards of behaviour and appearance, be an excellent role model including not smoking or drinking or using foul language in the company of players
- 13. Never ignore, tolerate or engage in any form of bullying
- 14. Coaches must not exert undue influence to obtain personal benefit or reward. In particular, coaches must not use their position to establish or pursue a sexual or improper relationship with a player or someone close to them
- 15. Follow the advice of a physician or other qualified medical professionals when a player is injured
- 16. Coaches should not allow allegations to go unchallenged, unrecorded or not acted upon
- 17. Make a personal commitment to keep yourself informed of sound coaching principles and the principles of growth and development of players.
- 18. Ensure that the equipment and facilities meet safety standards and are suitable for training.
- 19. Follow all guidelines laid down by Bowls Scotland and the club and abide by Bowls Scotland Acceptable Mobile Phone Policy and Social Media Policy.

#### **Emergency action and first aid**

All coaches, should be prepared with an action plan in the event of an emergency and be aware of First Aid procedures. This will include:

- I. Access to First Aid equipment
- 2. Telephone contact with parent/carer if the participant is a junior (under 18)
- 3. Telephone contact to the Emergency Services

Version 2 December 2022



### Coaches have the right to:

- I. Access ongoing training and information on all aspects of their role, including safeguarding, wellbeing & protection
- 2. Support in reporting suspected abuse or poor practice
- 3. Access to support services relevant to your role
- 4. Fair and equitable treatment by Bowls Scotland/club
- 5. Be protected from abuse by any adult or junior members, parents and spectators
- 6. Not to be left vulnerable while carrying out their role

Breaches of the Coach Code of Conduct will be dealt with in accordance with the Bowls Scotland disciplinary procedures.

I understand that if I do not follow the Coaches Code of Conduct, my club or Bowls Scotland may take any / all of the following actions:

- I. Be required to apologise formally
- 2. Receive a warning; verbal or written
- 3. Required to meet with the club, Wellbeing & Protection Officer or designated members of the club committee.
- 4. Required to meet with Bowls Scotland, Safeguarding Lead or other designated members of Bowls Scotland Staff/Board
- 5. Monitored by another volunteer/committee member/staff member
- 6. Required to attend an education course
- 7. Suspension
- 8. Required to leave or be removed from post

# **Policy Acceptance**

By signing the code of conduct, I acknowledge that I have read and agree to abide by the following Bowls Scotland policies (found on <a href="https://www.bowlsscotland.com">www.bowlsscotland.com</a>)

- Wellbeing and Protection Policy
- Anti-Bullying Policy
- Mobile Phone Policy
- Social Media Policy

I have read and understood the above Code of Conduct and I agree to be bound by it:

Signed	
Name (Print)	
Date	

Version 2 December 2022